

Crazy 6 Teams Endurance Race - Rider Information



CRAZY 6 - GMBC

***Saturday,
21st of May 2022***

Our Supporters:

This is an event run by a volunteer club (not a promoter) and we would not be able to have this event without the GMBC members' support!

We also acknowledge the support of Parks Victoria, for all our GMBC events.



We also acknowledge the following business for their support in making this event happen.

Registration:

- **There are no 'on the day' entries.**
- **Bring your MTBA licence or proof of ID** to rego to pick up your raceplate.

6 Hour Rego will be open: 8.00am to 9.00am,

What to Bring:

- Australian certified helmet
- Serviceable MTB Bike - Your bike will need to be of a sound condition suitable for XC trails. It should be suited to the distance that you expect to ride
- Spare tube, levers and pump/CO₂ cartridge, toolkit
- Current MTBA licence if you have one
- Adequate water for your race day
- Food as required
- Money to purchase food and drink
- Gazebo or Table to be placed Track Side.

You will be able to access your water and food at the Transition area, **no tap water** is available. Medical assistance can be given by any person involved in the event. There will be specialised medical support provided at the event village.

Race format:

Endurance Race Format: The aim of an Endurance race is to do as many laps as possible in the time allowed. You must complete the first lap to get a result. After the first lap you must then change with your team member in a relay manner, no rider shall do double laps and every member of your team must complete their designated lap of the course in the same order for the whole race. After the cut off time you will not be allowed to start a new lap, but if you have already started the lap before the cut off time you will be able to complete the lap and it will be counted in your results. If you stop riding before the cut off time your completed laps will still count and you will get a result.

Trails:

GMBC provides funds for Parks Victoria to help maintain & build trails at You Yangs Regional Park. Part of every race entry fee is paid to Parks Vic as well as donations and money from grant applications. You can also donate to the 'Trail Pig' at the race.

Race schedule (TBC - will depend on rider numbers)

Registration for 6 Hour Competitors opens	8:00am
Registration closes for 6 hour Competitors	9:00am
Race Brief	9:15am
6 Hour Race start	9:30am
Finish & Cut off for Starting New Lap	3.30pm
Presentations	4:00pm

Prizes:

GMBC provides the prizes for its events. Prize and Medals will be awarded for overall race podiums 1st, 2nd or 3rd based on the following categories.

You can enter this event as a Team of 2 or 3 riders only with the following categories:

6 Hour Categories

- Male Team (age ≥15yrs in a 2 person team, ≥13yrs in a 3 person team)
- Female Team (age ≥15yrs in a 2 person team, ≥13yrs in a 3 person team)
- Mixed Team (age ≥15yrs in a 2 person team, ≥13yrs in a 3 person team)

- Junior Male Team (age ≥15yrs in a 2 person team, ≥13yrs in a 3 person team) max age 18
- Junior Female Team (age ≥15yrs in a 2 person team, ≥13yrs in a 3 person team) max age 18
- Junior Mixed Team (age ≥15yrs in a 2 person team, ≥13yrs in a 3 person team) max age 18

Age is calculated as of Dec 31, 2022, and minimum age is based on the AusCycle Guidelines

If you have any questions please Text the club 0407433682 or email geelong.mtb.club@gmail.com

How to get to the event:

Start location: Kurrajong Picnic Ground
 You Yangs Regional Park
 Off Branch Rd, Little River

From Geelong, 20-25 minutes:

1. Head north towards Melbourne on the Princes Fwy. Take the Lara exit onto Forrest Rd.
2. Continue straight ahead at the second round about at Station Lake Rd (or turn left at the round about to stock up on some food from Rods Bakery).
3. Follow Forrest Rd Nth for 6.5 km.
4. Turn right into Branch Rd. The Park entrance is immediately on your left.

From Melbourne, 50 -60 minutes:

1. Take the Princes Hwy to Geelong. Take the Little River exit and head northwest on Little River Rd.
2. After approx 2.8km take a slight right to stay on Little River Rd. Little River Rd then turns slightly left and becomes River St.
3. Bear right over the railway lines and then the first left onto You Yangs Rd.
4. Heading along You Yangs Rd you will reach a T intersection, turn left onto Farrars Rd.
5. After 1.6km turn right onto Branch Rd.
6. Follow Branch Rd approx 4.8km to the Park Entrance on your right.



Parking

Marshalls will be there on the day to assist with the parking please park as directed and when parking face the direction you would face if exiting the park this will help with congestion at the end of the day. Please be aware the road is not in the best condition so show caution when parking and driving on the dirt. Please refer to the map for Parking location.

Drop off Point

The drop off point will be open from 7:30am to 8:45am, please be prompt when dropping off your equipment, drop off, find a park then come back to set up your feed station etc.



Course Details

Course by Lap	Distance (inc. Merged Section)	Elevation Gain
6 Hour	11.38km	94m

