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### For those new to the group...

Welcome! The GMBC Surf Coast Trail Group is a collection of passionate local trail riders and runners who have recently come together to promote trail use in the Anglesea / Eumeralla area. We are a subcommittee of Geelong Mountain Bike Club inc. (GMBC). Our goals are to act as a trail advocacy and maintenance group and to liaise with the various land managers in order to retain a varied and interesting trail network in the area. When and where permission is granted, we will endeavor to keep the network well maintained and sustainable for the enjoyment and safety of users. We will favourably promote MTB riding and trail running as healthy, environmentally responsible pastimes enjoyed by many in our region and that they carry significant local economic benefits.

### Parks Victoria Trail Audit Update

We are still in a holding pattern at this stage with Parks Vic but are pleased with the recent discussions that we've had. The last submission of the audit and cultural assessment have both been submitted to Parks Vic. The next step is for everything to be assessed and then the outcome will be determined. We are maintaining a very positive dialogue with Parks Vic but there are no timelines for an outcome at this stage.

### **Scout Camp Trail Update**

After formal approval by scouts to commence works, we are very excited about the work that has been completed in the last few weeks. There have been two working bees to upgrade the current Red Rocks single track in the past month, which includes making the trail more sustainable as we head into the winter months. Specifically, several water catchments and berms have been built to manage water and better direct riders through notoriously wet sections in winter and sandy sections in summer. A big thank you to all those who have participated in the working bees! There will be more to come!

### **Committee Member Profile**

Introducing Kat Shearsby



Who am I?

I've pretty much always loved my bikes, it started on my trusty BMX, cruising around the dirt roads of Cumberland River Caravan Park, where my parents

were the caretakers. Surrounded by the bush, with the ocean a few steps away, and what seemed like endless days rolling around between the camp sites and the river.

When I moved to Melbourne I didn't have a car, so I got around on my bike. Since I was a poor student, I learned the basics on how to repair things, and ended up spending whatever free cash I had on better bike parts.

A friend opened a bike shop in the city and convinced me to start working there. Luckily, I'm a quick learner and I was soon servicing bikes, forks, and building wheels. I had bike courier friends (Bellie and Billy-joe) who knew tons about bikes so I was often on the phone to them asking advice on what to try on stubborn bottom brackets, squeaks and creaks that I couldn't find, or just asking them to deliver a coffee.

It was here that I built up my Rocky Mountain which is my most treasured and most fun bike, which I still ride today. My boyfriend, Billy-joe (now husband), used to only ride single-speeds. I loved the idea of not working on gears and decided to give single-speeds a go. 11 years on, I've changed the sprocket, brake pads and chain, but that's it, and it still rides like a dream. Although, I've just given up my street cred and put some suspension and a disc-brake on the front.

Now I live in Anglesea. I work as an Auslan Communication Aide for Deaf children and I'm a mum to an awesome 8 year old boy. We're surrounded by the bush, have the ocean a few minutes away, and my favourite MTB trails just up the hill... AND, I'm involved in the SCTG trying to help make sure that the trails are there for everyone to use. Hopefully I'll see you out there!  
Happy riding! Kat Shearsby

## Keep single track single





I love return riding from a squirt around the trails along surf coast track early morning. Past the rainbow of dog turds and dog walkers who cant see the dog turds and observing their aghast expressions as they gawk at the mud all over me.

Wanna look totes bad arse when you return from the trails as well? Here's a plan – ride through the middle of all the puddles. No mater how wet or muddy or deep or stinky! Don't ride around them.

In the cycling community riding around puddles holds similar status to eating Spanish steak and wearing ankle socks with old, stretched white lycra. Scream like a little kid. Get all muddied up. This will not only give you Ryan “oh my” Gosling skin and sexual magnetism it will keep single track’s single, protect vegetation and reduce erosion.

Please love your trails and keep single track single!

### **What can you do to keep our trail network open?**

Please help us to extend our voice!

- Like our [Facebook Page](#).
- Get friends to sign up to our monthly email update database [HERE](#).
- Forward this newsletter to interested friends.

### **Newsletter Archive**

[November 2013](#)

[January 2014](#)

[March 2014](#)

### **Next Issue**

We expect the next issue will be out in July. If there are significant updates, we'll aim for earlier.

If you have any enquiries please [email](#) us.

We would love to hear from you so please shoot through any feedback or questions and we'll get back to you as soon as possible.

Happy riding, stay safe and we'll see you on the trails

Surfcoast Trail Group

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