

# 2 Stage Race - Rider Information

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**GMBC Club  
Champs**

**Sunday,  
3 September  
2017**

## ***Our Supporters:***

This is an event run by a volunteer club (not a promoter) and we would not be able to have this event without the GMBC members' support!

We also acknowledge the support of Parks Victoria for all our GMBC events.



## ***Registration/Entries:***

Entries are open on the MTBA entry system here until Friday 1 September.  
**There are no 'on the day' entries.**

Rego will be open: 8.30-9.30am for the senior event at the Stockyards Race Village, You Yangs Regional Park. Enter from Drysdale Rd, Little River.

Registration:

- **Bring your MTBA licence or proof of ID** to rego to pick up your raceplate

## ***What can Juniors do?***

- GMBC follows the MTBA Junior Policy
- To compete in the 2 Stage Race you must be at least 13 yrs of age on race day
- Juniors 3-12yrs of age can race in the [Dirt Squirts event](#)

## ***What to Bring:***

- Australian certified helmet
- Serviceable MTB Bike - Your bike will need to be of a sound condition suitable for XC trails. It should be suited to the distance that you expect to ride
- Spare tube, levers and pump/CO<sub>2</sub> cartridge, toolkit
- Current MTBA licence if you have one
- Adequate water for your race day
- Food as required

You will be able to access your water and food at the Transition area, **no tap water** is available.

Medical assistance can be given by any person involved in the event. There will be specialised medical support provided at the event village.

## ***2 Stage Race format:***

- A, B, C, D and Women's grade
- XCO = Cross Country Olympic race:  
You race multiple laps of a shortish loop (see map). Last year all grades raced 4 laps which equated to between 1-2hrs riding time.
- TT = Time Trial race:  
You race a time trial over a short course (around 15mins). Your final position in your grade is based on your time

Points are allocated for your results in each event and tallied up at the end of the day to award prizes for each grade.

If you are an eligible GMBC member you will also be competing for the GMBC overall Club Championship. This is awarded to Overall male, Overall female, Overall Junior and champions will also be awarded in age groups (eg 30-39yrs, 40-49yrs etc; depending on entry numbers.

Points are also allocated from this race to the [GMBC Aggregate Championships](#)

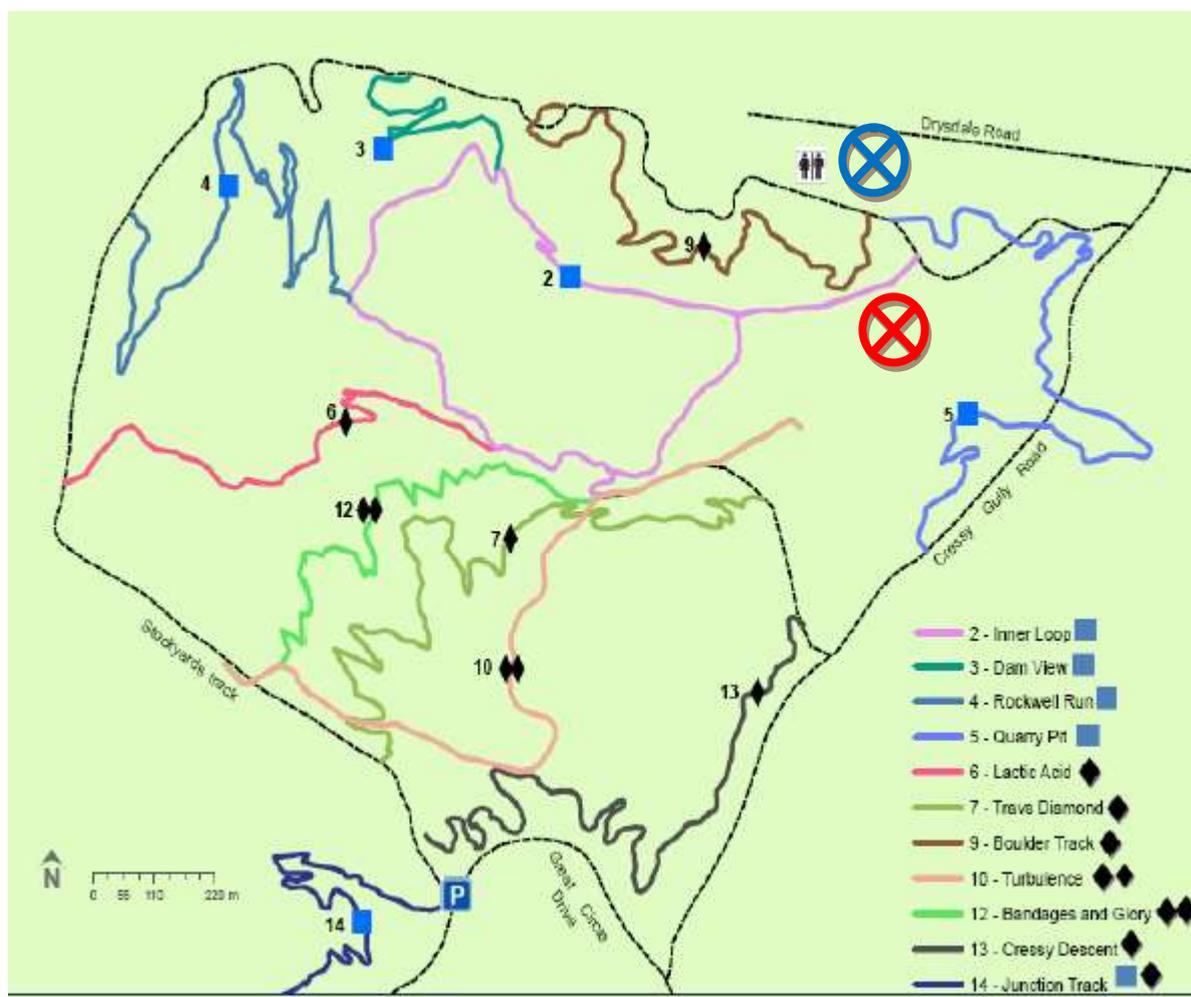
***BUT you don't have to be a GMBC member or in the running for Club Championships to compete in this event.***

## Trails:

GMBC provides funds for Parks Victoria to help maintain & build trails at You Yangs Regional Park. Part of every race entry fee is paid to Parks Vic as well as donations and money from grant applications. In the past couple of years we have paid over \$20,000 towards trail building. You can also donate to the 'Trail Pig' at the race.

## The Course:

The XCO event and Time Trial event will use tracks in the Stockyards area



= Race Village area

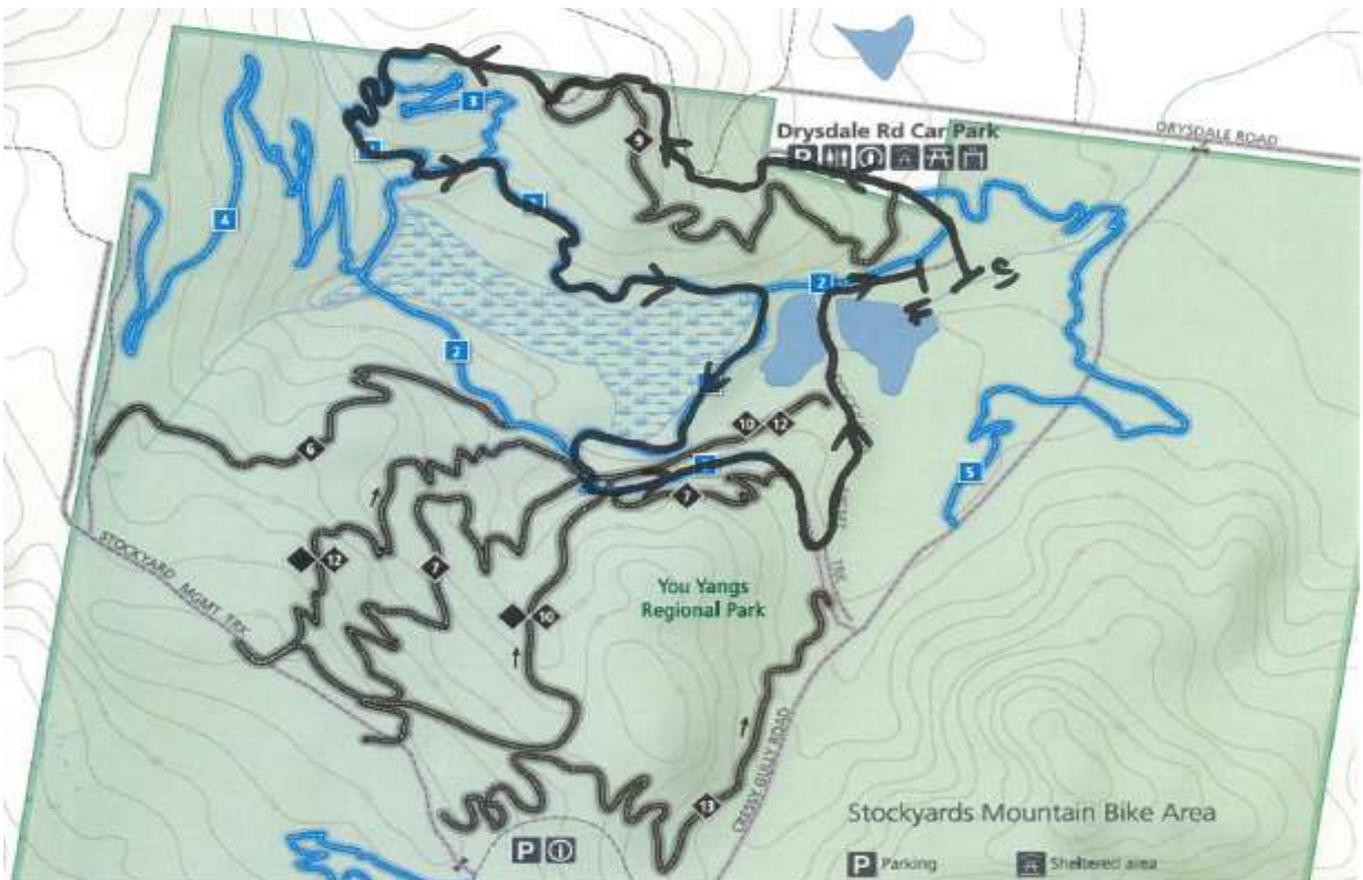


= Car Park (enter from Drysdale Rd)

## Stage 1: XCO (Cross Country Olympic race)



## Stage 2: Time Trial race



## ***How to get to the event:***

Start location:        Stockyards Race Village,  
                              You Yangs Regional Park  
                              Off Drysdale Rd, Little River

Approximate travel times to event from:  
Melbourne - 60-70 minutes, Geelong – 35-40 minutes.

**Do Not** enter the Park Main Entrance on Branch Rd Lara - You will end up at the wrong end of the Stockyards!

From Melbourne:

Take the Princes Hwy to Geelong. Take the Little River exit, and travel along Little River Rd approx 2.8km, take a slight right to stay on Little River Rd. Little River Rd then turns slightly left and becomes River St. Turn right over the railway lines and then take the first left onto You Yangs Rd. Turn right onto Ripley Rd at the T intersection. Travel for approximately 3.3km and turn left onto Drysdale Rd. Follow Drysdale Rd to the car park on your left at the end of the road. Once parked, follow the activity to the Race village

From Geelong:

Head north towards Melbourne on the Princes Fwy. Take the Lara exit onto Forrest Rd. Continue straight ahead at the second round about at Station Lake Rd (or turn left at the round about to stock up on some food from Rods Bakery). Follow Forrest Rd Nth for 6.5 km and turn right into Branch Rd. Continue along Branch Rd until you come to a T intersection and turn left onto Farrars Rd. Continue along Farrars Rd (becomes Ripley Rd) for approx. 5km and turn left onto Drysdale Rd. Follow Drysdale Rd to the car park on your left at the end of the road. Once parked, follow the activity to the Race village

## ***Race schedule (TBC - will depend on rider numbers)***

Registration opens (3 Stage Race & Dirt Squirts)	8.30am
XCO Course open for practice	8.30am
Dirt Squirts rego closes	8.45am
Dirt Squirts race	9.00am
Registration closes	9.30am
Dirt Squirts presentations	9.45am
Race Brief	9.50am
XCO Race start	10am
XCO Race complete, Starts published for TT	11.30am
TT	TBA on the day
Presentations	TBA on the day

### ***Prizes:***

GMBC provides the prizes for its events (no sponsors!)

Prize Hampers will be awarded for overall race podiums in A, B, C, D and Women's grade.

A Young Gun's (13-17yrs) prize may be awarded as well as some random prizes